

Quarantine Journal - Martim Lobo - March 16th-27th

03/16/2020 - Beginning of the Quarantine, a mix of emotions... I stayed with my father (teleworking regime) and sisters, I started watching a series on Netflix "Flash" I found it interesting and I intend to end it until the end of the quarantine , we did some games at the end of the day.



03/17/2020 - Very productive day, I did most of the work that was sent home, studied and continued the series on Netflix. As a leisure activity we made bread, an adventure.

03/18/2020 - I set up a fixed routine; study in the morning, from 9:30 to 13:00, after lunch I can rest, and do some exercise (APP at home or in the condominium garden)



03/19/2020 - I took the day to rest a bit and study grammar, and we organized the fruits and vegetables that came to deliver the house, so we help the local economy and avoid queues and contacts.

03/20/2020 - I started to write this diary, recalling what I did in the previous days, followed the routine I had set up, this time with guidance from my mother (works in rotation) and did some physical exercises under the guidance of APP .

03/21/2020 - Beginning of the first weekend of the quarantine, I rested, exercised and played some computer games. This time we made Waffles with strawberries; we will end this period of isolation best cooks.



03/22/2020 - Last day of the first weekend, I rested again but this time I did even more physical exercise.

03/23/2020 - Beginning of the second week of the quarantine, I rested, did my science and geography homework and played with my sisters.

03/24/2020 - I read a Harry Potter book, studied and watched Netflix.



03/26/2020 - I studied French, English and Portuguese grammar, saw a film and watched television.

03/27/2020 - I finished all my work and ended the day doing activities with my family.